

IDEAS FOR SPIRITUAL CARE KITS



A variety of Spiritual Care Kits have been developed by the National LWML Gospel Outreach Committee. Distribution of these care kits can provide an opportunity for ministry in your local community and a way to reach out and share the love of Christ to people who are in need.

CANCER CARE KIT

1. Washcloth (colorful, fun ones)
2. Slipper socks
3. Devotional book
4. Hat
5. Word puzzle or Sudoku book
6. Hard candies

HOMELESS KIT

1. 1 – 2 Bottles of water
2. Protein bar
3. Socks
4. Breath mints
5. Fast-food gift card
6. Masters Card from LWML or other Christian tract
7. Christian tracts

NOTE: You can also ask your local homeless shelter what items they need the most and include those items. Assemble items in a back-pack and leave a small amount of room so the person can carry their own belongings in the backpack too.

A SAFETY WARNING: DO NOT DELIVER THESE CARE KITS DIRECTLY TO PEOPLE IN NEED. Societies are instructed to coordinate donations with a local shelter. It can be dangerous to directly contact people who are homeless.

TREATS FOR CONSTRUCTION WORKERS

1. Cases of water
2. Bars or cookies
3. Christian tract
4. Church pamphlet with invitation to worship

KIT FOR SICK CHILDREN

1. Bubbles
2. Story Books about Jesus
3. Activity books
4. Crayons or colored pencils
5. CDs
6. Stress ball
7. View Master or other toy
8. Popsicles or freeze pops
9. Visit from child's friends

BIRTHDAY KIT

1. Disposable 9X13 pan
2. Cake mix
3. Can of frosting
4. Candles
5. Party favors
6. Invitations
7. Bible Story book

PERSONAL HYGIENE KIT

1. Washcloth
2. Bath towel
3. Bath size bar soap
4. Toothbrush
5. Toothpaste
6. Comb
7. Deodorant
8. Shampoo
9. Bible verse or tract

SCHOOL KITS

1. Backpack
2. Spiral notebook or lined paper
3. Pencils
4. Package of construction paper
5. Crayons
6. Ruler
7. Glue sticks
8. Blunt scissors
9. Washable markers
10. Protractor
11. Children's Bible

NEW MOM'S KIT

1. Devotional book for moms (and dads)
2. Inspirational bookmark
3. Package of assorted tea bags
4. Small package of cookies
5. Salts for a foot soak
6. Stretch mark cream
7. A memory journal book
8. Home-cooked meal
9. Gift card to a restaurant
10. Family picture frame
11. Snuggly knit slippers

COLLEGE FINALS WEEK KIT

1. Snack food
2. Fun desk items
3. iTunes gift cards
4. Energy drinks
5. Relaxation items
6. Vitamin C and Antacids
7. Personal care items
8. Restaurant gift card
9. Personal note or encouragement tract

NEW BABY KIT

1. Baby powder
2. Baby wash soap
3. Baby lotion
4. Fleece blanket
5. Q-tips
6. Socks
7. Washcloths
8. Pacifier
9. Baby toy
10. Bible verse or tract

MILITARY KIT

1. Hand sanitizer
2. Beef jerky/slim jims
3. Energy bars, powdered energy/electrolyte replacement drink mix
4. Chewing gum
5. Personal hygiene gear
6. Disposable razors
7. Toothbrush & paste
8. Eye wash/eye drops
9. Zipper seal plastic storage bags
10. Personal note or encouragement
11. Bible tract

WINTER CARE KIT FOR HOMELESS

1. Pocket tissues
2. Throat lozenges
3. Body lotion
4. Knit stocking cap/scarf
5. Rain poncho
6. Pair of gloves
7. Tube socks
8. Mylar blanket
9. Hand warmers
10. Pocket Bible

BREAST CANCER SURVIVAL KIT

1. A pretty scarf
2. Cozy socks
3. Knitted prayer shawl
4. Hard candy
5. Large soup mug
6. Homemade soup mixes
7. Ginger tea
8. Lip balm
9. Hypoallergenic body lotion
10. Chicken Soup for the Soul – the Cancer Book
11. A woman's Bible
12. Personal love notes tied together with ribbon

SHUT-IN VISIT KITS

1. Address book filled with family and friends
2. Large print calendar with family birthdays entered
3. Stationary/notecards with stamps and return address labels
4. Playing cards
5. Crossword/Sudoku puzzle books
6. Light-up magnifier
7. CD of inspirational music
8. Recording of local church service
9. Personal hygiene items (shampoo, lotions, lip balm)
10. Bible-themed bookmark

